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منابع آزمون ارتقاء دستیاران رشته تخصصي پزشكي خانواده

1. Rakel Textbook of Family Medicine,9th Edition.2015

2- مجموعه راهنماهای بالینی مورد استفاده در نظام سلامت(کتاب راهنماهای بالینی ایران و ...)

- برنامه ملی مراقبت کودکان سالم و بیمار
- - برنامه ملی مراقبت سالمندان
- برنامه ملی مراقبت نوجوانان
- - برنامه ملی مراقبت بارداری
- برنامه ملی مراقبت جوانان
- برنامه ملی مراقبت میانسالان
- مجموعه بیماریهای واگیر و غیر واگیر برای پزشک خانواده

3.Uptodate (online) (for FM – Exam 1396)

Obesity

1. **Obesity in adults: Overview of management**

Literature review current through: Feb 2017. | This topic last updated: Nov 14, 2016.

➔**Summery**

➔**Information for Patient**

2. **Obesity in adults: Prevalence, screening, and evaluation**

Literature review current through: Feb 2017. | This topic last updated: Jan 31, 2017.

➔**Summery**

➔**Information for Patient**

3. **Obesity in adults: Drug therapy**

Literature review current through: Feb 2017. | This topic last updated: Mar 25, 2016.

➔**Summery**

➔**Information for Patient**

4. **Management of childhood obesity in the primary care setting**

Literature review current through: Feb 2017. | This topic last updated: Dec 08, 2016.

➔**Summery**

➔**Information for Patient**

5. **Clinical evaluation of the obese child and adolescent**

Literature review current through: Feb 2017. | This topic last updated: Oct 31, 2016.

➔**Summery**

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Dyslipidemia

6. Treatment of lipids (including hypercholesterolemia) in secondary prevention

Literature review current through: Feb 2017. | This topic last updated: Apr 04, 2016.

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7. Treatment of lipids (including hypercholesterolemia) in primary prevention

Literature review current through: Feb 2017. | This topic last updated: Apr 04, 2016.

➔**Summery**

➔**Information for Patient**

8. Dyslipidemia in children: Management

Literature review current through: Feb 2017. | This topic last updated: Apr 04, 2016.

➔**Summery**

➔**Information for Patient**

9. Dyslipidemia in children: Definition, screening, and diagnosis

Literature review current through: Feb 2017. | This topic last updated: Oct 04, 2016.

➔**Summery**

➔**Information for Patient**

Acute respiratory infection

10. The common cold in adults: Diagnosis and clinical features

Literature review current through: Feb 2017. | This topic last updated: Feb 25, 2016.

➔**Summery**

➔**Information for Patient**

11. Acute sinusitis and rhinosinusitis in adults: Clinical manifestations and diagnosis

Literature review current through: Feb 2017. | This topic last updated: Nov 08, 2016.

➔**Summery**

➔**Information for Patient**

12. The common cold in children: Clinical features and diagnosis

Literature review current through: Feb 2017. | This topic last updated: Sep 25, 2015.

➔**Summery**

➔**Information for Patient**

13. Acute bacterial rhinosinusitis in children: Clinical features and diagnosis

Literature review current through: Feb 2017. | This topic last updated: Apr 18, 2016.

➔**Summery**

➔**Information for Patient**

14. Acute otitis media in children: Treatment

Literature review current through: Feb 2017. | This topic last updated: Jan 24, 2017.

➔**Summery**

➔**Information for Patient**

15. Acute otitis media in children: Diagnosis

Literature review current through: Feb 2017. | This topic last updated: Sep 27, 2016.

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➔**Information for Patient**

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Diabetes mellitus

16. Overview of medical care in adults with diabetes mellitus
Literature review current through: Feb 2017. | This topic last updated: Jan 04, 2017.
➔**Summery**
➔**Information for Patient**
17. Initial management of blood glucose in adults with type 2 diabetes mellitus
Literature review current through: Feb 2017. | This topic last updated: Feb 03, 2017.
➔**Summery**
➔**Information for Patient**
18. Screening for type 2 diabetes mellitus
Literature review current through: Feb 2017. | This topic last updated: Jan 18, 2017.
➔**Summery**
➔**Information for Patient**
19. Epidemiology, presentation, and diagnosis of type 1 diabetes mellitus in children and adolescents
Literature review current through: Feb 2017. | This topic last updated: Feb 13, 2017.
➔**Summery**
➔**Information for Patient**
20. Management of type 1 diabetes mellitus in children and adolescents
Literature review current through: Feb 2017. | This topic last updated: Feb 13, 2017.
➔**Summery**
➔**Information for Patient**

Osteoporosis

21. Overview of the management of osteoporosis in postmenopausal women
Literature review current through: Feb 2017. | This topic last updated: Mar 06, 2017.
➔**Summery**
➔**Information for Patient**
22. Clinical manifestations, diagnosis, and evaluation of osteoporosis in postmenopausal women
Literature review current through: Feb 2017. | This topic last updated: Mar 06, 2017.
➔**Summery**
➔**Information for Patient**
23. Screening for osteoporosis
Literature review current through: Feb 2017. | This topic last updated: Sep 22, 2015.
➔**Summery**
➔**Information for Patient**

Failure to thrive

24. Failure to thrive (undernutrition) in children younger than two years: Management
Literature review current through: Feb 2017. | This topic last updated: Dec 01, 2015.
➔**Summery**
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25. Failure to thrive (undernutrition) in children younger than two years: Etiology and evaluation
Literature review current through: Feb 2017. | This topic last updated: Dec 01, 2015.

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Asthma

26. An overview of asthma management
Literature review current through: Feb 2017. | This topic last updated: May 31, 2016.
➔**Summery**
➔**Information for Patient**
27. Diagnosis of asthma in adolescents and adults
Literature review current through: Feb 2017. | This topic last updated: Mar 06, 2017.
➔**Summery**
➔**Information for Patient**
28. Acute asthma exacerbations in children: Home/office management and severity assessment
Literature review current through: Feb 2017. | This topic last updated: Jan 30, 2017.
➔**Summery**
➔**Information for Patient**
29. Asthma in children younger than 12 years: Initiating therapy and monitoring control
Literature review current through: Feb 2017. | This topic last updated: Jan 04, 2017.
➔**Summery**
➔**Information for Patient**
30. Asthma in children younger than 12 years: Initial evaluation and diagnosis
Literature review current through: Feb 2017. | This topic last updated: Nov 29, 2016.
➔**Summery**
➔**Information for Patient**
31. Management of acute exacerbations of asthma in adults
Literature review current through: Feb 2017. | This topic last updated: Feb 16, 2017.
➔**Summery**
➔**Information for Patient**

Hypertension

32. Overview of hypertension in adults
Literature review current through: Feb 2017. | This topic last updated: Mar 02, 2016.
➔**Summery**
➔**Information for Patient**
33. Evaluation of hypertension in children and adolescents
Literature review current through: Feb 2017. | This topic last updated: Feb 06, 2017.
➔**Summery**
➔**Information for Patient**

Anemia

34. Approach to the adult patient with anemia
Literature review current through: Feb 2017. | This topic last updated: Dec 19, 2016.
➔**Summery**
➔**Information for Patient**
35. Approach to the child with anemia
Literature review current through: Feb 2017. | This topic last updated: Jun 04, 2015.

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36. Treatment of iron deficiency anemia in adults
Literature review current through: Feb 2017. | This topic last updated: Dec 20, 2016.
➔**Summery**
➔**Information for Patient**
37. Iron deficiency in infants and young children: Treatment
Literature review current through: Feb 2017. | This topic last updated: Jun 26, 2015.
➔**Summery**
➔**Information for Patient**

Hypothyroidism

38. Treatment of hypothyroidism
Literature review current through: Feb 2017. | This topic last updated: Feb 22, 2016.
➔**Summery**
➔**Information for Patient**
39. Diagnosis of and screening for hypothyroidism in nonpregnant adults
Literature review current through: Feb 2017. | This topic last updated: Dec 14, 2015.
➔**Summery**
➔**Information for Patient**
40. Clinical manifestations of hypothyroidism
Literature review current through: Feb 2017. | This topic last updated: Mar 08, 2016.
➔**Summery**
➔**Information for Patient**

Dyspnea

41. Approach to the patient with dyspnea
Literature review current through: Feb 2017. | This topic last updated: Feb 16, 2017.
➔**Summery**
➔**Information for Patient**

Chronic obstructive pulmonary disease

42. Chronic obstructive pulmonary disease: Definition, clinical manifestations, diagnosis, and staging
Literature review current through: Feb 2017. | This topic last updated: Mar 06, 2017.
➔**Summery**
➔**Information for Patient**
43. Management of stable chronic obstructive pulmonary disease

Literature review current through: Feb 2017. | This topic last updated: Nov 22, 2016.

➔**Summery**
➔**Information for Patient**
44. Management of exacerbations of chronic obstructive pulmonary disease

Literature review current through: Feb 2017. | This topic last updated: Feb 23, 2017.

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Pneumonia in children

45. Community-acquired pneumonia in children: Outpatient treatment

Literature review current through: Feb 2017. | This topic last updated: Jan 13, 2016.

➔**Summery**
➔**Information for Patient**

46. Community-acquired pneumonia in children: Clinical features and diagnosis

Literature review current through: Feb 2017. | This topic last updated: Jan 20, 2017.

➔**Summery**
➔**Information for Patient**

Diarrhea in children

47. Approach to the child with acute diarrhea in resource-limited countries

Literature review current through: Feb 2017. | This topic last updated: Oct 27, 2016.

➔**Summery**
➔**Information for Patient**

Cancer screening

48. Preventive care in adults: Recommendations

Literature review current through: Feb 2017. | This topic last updated: May 04, 2016.

➔**Summery**
➔**Information for Patient**

Headache

49. Evaluation of the adult with headache in the emergency department

Literature review current through: Feb 2017. | This topic last updated: May 11, 2015.

➔**Summery**
➔**Information for Patient**

50. Evaluation of headache in adults

Literature review current through: Feb 2017. | This topic last updated: Dec 20, 2016.

➔**Summery**
➔**Information for Patient**

51. Tension-type headache in adults: Acute treatment

Literature review current through: Feb 2017. | This topic last updated: Jan 24, 2017.

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52. Acute treatment of migraine in adults

Literature review current through: Feb 2017. | This topic last updated: Feb 27, 2017

➔**Summery**
➔**Information for Patient**

Gastroesophageal reflux disease

53. Medical management of gastroesophageal reflux disease in adults
Literature review current through: Feb 2017. | This topic last updated: Mar 31, 2016.
➔**Summery**
➔**Information for Patient**

Peptic ulcer disease

54. Peptic ulcer disease: Management
Literature review current through: Feb 2017. | This topic last updated: Jul 23, 2015.
➔**Summery**
➔**Information for Patient**

Diseases in pregnancy

55. Management of asthma during pregnancy
Literature review current through: Feb 2017. | This topic last updated: Sep 19, 2016.
➔**Summery**
➔**Information for Patient**
56. Management of hypertension in pregnant and postpartum women
Literature review current through: Feb 2017. | This topic last updated: Mar 08, 2017.
➔**Summery**
➔**Information for Patient**
57.Pregestational diabetes mellitus: Glycemic control during pregnancy
Literature review current through: Feb 2017. | This topic last updated: Dec 22, 2016.

chronic kidney disease

58. Screening for chronic kidney disease
Literature review current through: Feb 2017. | This topic last updated: Dec 01, 2016.
➔**Summery**
➔**Information for Patient**

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